

Monday

Tuesdays @ The Studio

Wednesday

Thursday

Friday

| TIME | CLASS |
|---|--------------------------|
| AM classes cancelled until further notice | |
| 3:30 PM - 4:00 PM | Tiny Toes (ages 3 -5) |
| 4:00 PM - 4:30 PM | Junior Ballet |
| 4:30 PM - 5:00 PM | Junior Jazz |
| 5:00 PM - 5:30 PM | Stretch / Core / Ribbons |
| 6:00 PM - 6:45 | Funk Fit |

| TIME | CLASS |
|---|---------------------|
| AM classes cancelled until further notice | |
| 4:00 PM - 4:45 PM | Intermediate Ballet |
| 5:30 PM - 6:15 PM | Boys Hip Hop |
| 6:15 PM - 7:00 PM | Combat Hip Hop |
| Tuesdays @ CWA Hall Freshwater | |
| TIME | CLASS |
| 4:00 PM - 4:30 PM | Beginner Tap |
| 4:30 PM - 5:00 PM | Musical Theatre |

| TIME | CLASS |
|---------------------|------------------------------------|
| 9:00 AM - 10:00 AM | Yoga |
| 10:00 AM - 10:45 AM | Lengthening Lyrical |
| 3:30 PM - 4:00 PM | Tiny Toes (ages 3-5) |
| 4:00 PM - 4:30 PM | Junior Contemporary |
| 4:30 PM - 5:15 PM | Intermediate Jazz/Hip Hop |
| 5:15 PM - 6:00 PM | Intermediate Contemporary/ Lyrical |
| 6:00 PM - 6:30 PM | Solo/Duos |
| 6:30 PM - 7:15 PM | Adult Contemporary |

| TIME | CLASS |
|---------------------|-----------------------------|
| 9:00 AM - 9:45 AM | BBB (Barre, Balance, Bands) |
| 10:00 AM - 10:45 AM | Funk Fit |
| 4:00 PM - 4:30 PM | Tiny Tumblers (ages 3 -5) |
| 4:30 PM - 5:15 PM | Acro 1 |
| 5:15 PM - 6:00 PM | Acro 2 |
| 6:00 PM - 6:45 PM | Adults Heels/ Cabaret |
| 6:45 PM - 7:30 PM | Combat Hip Hop |

| TIME | CLASS |
|---|---|
| AM classes cancelled until further notice | |
| 6:00 PM - 7:00 PM | Friday Funk Fit (every 2nd Friday) |
| Saturday | |
| TIME | CLASS |
| 8:00 AM - 8:45 AM | Adults Strength, Length, Core (MAT Class) |
| 9:00 AM - 9:20 AM | Baby Movers |
| 9:30 AM - 10:00 AM | Tiny Toes |
| 10:00 AM - 10:30 AM | Junior Ballet |
| 10:30 AM - 11:00 AM | Junior Jazz |
| 11:00 AM - 11:45 AM | Acro |
| 11:45 AM - 12:15 PM | Solo / Duos |